

FAMILY-PARENT EDUCATION OPPORTUNITY AT THE 2019 ANNUAL CONFERENCE IN SANTA CLARA



California Association for the Education of Young Children

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Saturday, April 13, 2019
Hyatt Regency Santa Clara
Napa II and III Room

5101 Great America Pkwy
Santa Clara, CA 95054

About the Family-Parent Program

There are three workshops available followed by a reception to honor Gary Thompson and Kevin Bremond, founders of the First Five Alameda County FATHERS CORPS.

The cost to attend is \$35 for one person or \$50 for two people. This fee includes workshop attendance, the reception and access to the Expo Hall.

8:00am-9:30am

Workshop #1 – Early Learners: Understanding the Brain Science of Preschoolers

Presenter: Heidi Emberling, Parent Educator, Parents Place

Learn about early brain development throughout the preschool years. Discuss brain-based strategies for parenting and teaching young minds. Learn how to support the development of executive function skills like impulse control and self-regulation, to promote healthy, happy kids at home, in the classroom, and in the larger society.

Participants will:

- Learn about the developing brain, the importance of connection, and the interplay between genes, environment, and early experiences. They will also learn about the bricks and mortar of brain architecture, including physical health, emotional well-being, cognitive capacities, linguistic capabilities and social competence.
- Discuss the years from birth to two-years old, separation and attachment, and two powerful impulses -- to feel safe within the context of early relationships (building trust) and uninhibited exploration and discovery (encouraging autonomy). Participants will discuss impulsivity at these ages and work towards a deeper understanding of the brain of emotions.
- Then learn and discuss strategies for children who retreat to the emotion brain, learn more about the production of cortisol, a stress hormone that inhibits brain development, and how to combat stress during this wildly emotional phase of development.
- Learn more about children three to five-years old, the years in which power, purpose and agency are developed. We will discuss strategies for avoiding power struggles, building skills, and establishing two-way respectful and trusting relationships with children. We will discuss how children create schemas of understanding about the world around them, focusing on both Piaget (active learning) and Vygotsky (social learning), and formulate strategies for effective ways to support early learners.
- Will discuss later brain development, including the executive brain, impulse control, self-regulation and organizational capacities.

10:00am-11:30am

Workshop #2 – Navigating Special Education to Create Positive Outcomes for Young Children
Presenter: Kathy Thompson, Director of Special Education, Shasta County Office of Education

This workshop is designed for anyone who might be participating an IEP team meeting. We will explore programs and services that are designed to help children benefit from their educational experience, and also how to avoid pitfalls that could lead to the need for a due process resolution. Participants will learn:

- Compliance requirements for a child with an Individualized Family Service Plan (IFSP), or an Individualized Education Plan (IEP)
- Best Practices in Special Education
- Inclusive Settings and Practices
- Participating as a Member of an IFSP or IEP team
- Resolving Conflict Related to a Child's services or Supports

11:30am-1:00pm

Lunch Break (on own)

Visit the Expo Hall where you view early childhood products and grab lunch at the concession stand.

1:00pm-2:30pm

Workshop #3 – Encouragement Versus Praise: How to Raise Your Child's Self-Motivation and Self-Esteem?

Presenter: Jose Nunez, Adjunct Child Development Faculty, Merced College

This workshop focuses on how the adults of families can raise their children using the language of Encouragement to empower them to be self-motivated and build their positive "authentic" self-esteem!

Participants will be able to:

- Define the terms encouragement versus praise.
- Explain the difference between intrinsic versus extrinsic motivation.
- Define the terms self-motivation, self-esteem and "authentic" self-esteem.
- Use three encouragement strategies/techniques to promote their children's "authentic" self-esteem.

3:00pm-4:30pm

MECE Reception

Meet and greet with the CAAEYC Men and Early Care and Education Committee (MECE) members, along with Gary Thompson and Kevin Bremond, founders of the First Five Alameda County FATHERS CORPS, who will be honored.

Registration is available online by going to this link:

<https://caeyc.org/resources/family-parent-education/>

Questions

Contact CAAEYC staff at (916) 486-7750 or info@caeyc.org.

